

SWAL Team Declaration Sheet - Cup Matches 2009

Club:

Men	Name		Name
110mH		Triple Jump	
100m		Long Jump	
200m		Javelin	
400m		Shot	
800m		Discus	
3000mS/C		High Jump	
1000m walk			
300m			
3000m			
U20M	Name		Name
110mH		Triple Jump	
100m		Long Jump	
200m		Javelin	
400m		Shot	
800m		Discus	
1000m walk		High Jump	
3000mS/C			
3000m			
U17M	Name		Name
100mH		Triple Jump	
100m		Long Jump	
200m		Javelin	
400m		Shot	
800m		Discus	
1500mS/C		High Jump	
1000m walk			
3000m			
U15B	Name		Name
80mH		Triple Jump	
100m		Long Jump	
200m		Javelin	
400m		Shot	
800m		Discus	
1000m walk		High Jump	
U13B	Name		Name
75mH		Long Jump	
100m		High Jump	
200m		Javelin	
1000m walk			
1500m			
Mens/U20M Medley Relay.....		Yes/No
U17M 4x100m Relay.....		Yes/No
		U15B 4x100m Relay.....	Yes/No
		U13B 4x100m Relay.....	Yes/No

I hereby certify that all team members declared are eligible to represent the club in accordance with UK Athletics and South West Athletics League rules

Signed:.....(Team Manager)

SWAL Team Declaration Sheet - Cup Matches 2009

Club:

Women	Name		Name
100mH		Triple Jump	
100m		Long Jump	
200m		Javelin	
400m		Shot	
800m		Discus	
1000m walk		High Jump	
3000m			
U17W	Name		Name
80mH		Triple Jump	
100m		Long Jump	
200m		Javelin	
300m		Shot	
800m		Discus	
1000m walk		High Jump	
3000m			
U15G	Name		Name
75mH		Long Jump	
100m		Shot	
200m		Discus	
1000m walk		Javelin	
1500m			
U13G	Name		Name
70mH		Long Jump	
100m		High Jump	
200m		Javelin	
800m			
1000m walk			
Womens/U17W Medley Relay		Yes/No	
4x100m Relay U15G		Yes/No	
4x100m Relay		Yes/No	

**I hereby certify that all team members declared are eligible to represent the club
in accordance with UK Athletics and South West Athletics League rules**

Signed:.....(Team Manager)